

# ALTON SPRING AND AUTUMN HEAD RACE SERIES

## GENERAL NOTES FOR COMPETITORS

**PLEASE ENSURE THAT PAYMENT OF YOUR ENTRY FEE IS PAID BY THE FRIDAY BEFORE THE EVENT AS WE ARE UNABLE TO ACCEPT PAYMENTS ON THE DAY. THIS CAN BE DONE VIA BROE.**

### 1.WELFARE

This head race is run in accordance with the British Rowing Safeguarding and Protecting Children Policy - Guidelines for Rowing Competitions (WG3.4). Our Welfare Statement is available on the Events Page of the Alton Rowing Club website – [www.altonrowingclub.com](http://www.altonrowingclub.com).

### 2.SAFETY

A Safety Plan is available on the Events Page of the Alton Rowing Club website – [www.altonrowingclub.com](http://www.altonrowingclub.com).

### 3.EMERGENCY

An Emergency Plan is available on the Events Page of the Alton Rowing Club website – [www.altonrowingclub.com](http://www.altonrowingclub.com).

### 4.CANCELLATION

If we have to cancel one of the days of the event we will refund 100% of the entry fee only if you have entered for that one day. The Organising Committee will make a clear decision to run or cancel by 4:00 pm the day before the event and this will be displayed on our website [www.altonrowingclub.com](http://www.altonrowingclub.com). If you have entered for two or three days of the event, then no refund will be available.

Please note that Alton has a rather specific microclimate. This means that weather systems can pass down the Rivers Orwell or Stour and thus completely miss Alton Water. Therefore, often we do not know what the conditions are going to be like until we experience them.

In exceptional circumstances, it may be necessary to cancel the event on the day of the event. This will be avoided if at all possible and our preference is always to run the event if safe to do so. Before the event is cancelled a number of options are open to the race committee. These are;

- a. Shorten the Course
- b. Alter the finish (there are 3 possible finish lines)
- c. Run the event from the clubhouse to Lemons Hill Bridge (the opposite way to normal)
- d. Delay the start
- e. Merge all divisions into one, as far as possible and according to boat doubling up.
- f. Create 'Pop Up Harbours' to shield boats from the worst effects of wind.

In any event, the race committee will do their best to provide the best racing opportunity for crews.

## **5.KIT AND WET LAUNCH**

It is paramount that you wear clothing to suit the weather conditions of the day.

Unfortunately, we were hoping to provide competitors with a pontoon from which to boat but this has not arrived in time. Therefore, please ensure you wear sturdy footwear/wellington boots as it will be a “wet” launch off the beach.

## **6.PARKING**

Please follow the instructions/directions of the car park officials who will show you to the parking areas for “Boats & Trailers”, “Coaches” and “Cars”. Please do not park “Coaches” and “Cars” in the compound reserved for “Boats and Trailers”.

## **7.CHANGING AND TOILETS**

Changing, toilets and HOT showers are available in the Water Sports Centre.

## **8.REGISTRATION**

Will open 1 ½ hours before the start of Division 1 racing. All crews must report to Registration at Race Control to collect their race number. All competitors must hold a current British Rowing racing licence.

## **9.COXES**

Weighing in of coxes will be done at race control when registering.

## **10.ENTRY**

All clubs should use BROE (British Rowing Online Entry System). Crews withdrawn after the close of entries will be liable for the full entrance fee.

## **11.START TIMES**

For the sake of all competitors, Division Start Times will be adhered to closely. Please ensure you have boated at least **30 MINUTES** before the start of your division to reach the

start. If you are very late to the start, you may be held by an umpire to allow racing crews to pass.

## **12.COURSE LENGTH**

The courses are 3,200 metres and 2,200 long. The start and finish line, and the safety boats will be positioned as shown on the map of the course. All crews must keep a minimum 30 meters from the shoreline where practically possible. There are anglers who use the water at the same time and all due care, attention and courtesy should be paid to other water users at all times. Anyone found to be using abusive behaviour or language will be disqualified.

## **13.TRAFFIC**

All boats must follow the directions as shown on the map of the course.

## **14. FIRST AID**

There will be 2 qualified first aid personnel on duty stationed in the Water Sports Centre

## **15. THE REGATTA CAFE, BAR and BBQ.**

Hot food and drinks will be available throughout the day at The Regatta Cafe and Bar within the Water Sports Centre. A cash bar will be open from midday.

Finally, the organising committee of the Alton Rowing Club Head Races wish all crews and rowing colleagues a successful and enjoyable day.